Artistic Gymnastics World Championships - Antwerp 2023 Flash quotes

SHEK Wai Hung (HKG)

On his decision to participate in these World Championships instead of defending his two-time vault title at the Asian Games, which are taking place at the same time:

"It was a very tough decision because a lot of people were expecting me to try and get a third consecutive Asian Games vault title. But unfortunately the two competitions were head to head and I had to choose one. I choose to come here because it is an Olympic qualifier."

On winning two vault medals at World Cup Series this year:

"It helped me a lot. I had a really tough year last year and I had several injuries. I have gone through a lot and I am always happy to stand on the podium."

On being one of the only few gymnasts from Hong Kong to compete on the world stage:

"We might not gain a lot of attention because we come from a relatively small city, Hong Kong. But I just want to do my best to show the world that we are capable of more than that."

News Service-VC-SB

Credit: FIG VICKY CHAN

Reference: https://antwerpgymnastics2023.com/nl/node/379